

Universitas Katolik Santo Thomas

Repositori Unika Santo Thomas

<http://eprints.ust.ac.id>

Fakultas Ilmu Budaya (FIB)
Program Studi Sastra Inggris

Undergraduate Papers

Bintang, Ricki Alfredo

2025

The Potrait of Human Anxiety in IAN Mcewan's *Atonement*

<http://eprints.ust.ac.id/id/eprint/342>

Downloaded from Repositori Institusi UST, Universitas Katolik Santo Thomas

**THE POTRAIT OF HUMAN ANXIETY IN IAN MCEWAN'S
*ATONEMENT***

A THESIS

**Submitted to the Faculty of Cultural Sciences
Catholic University of Saint Thomas North Sumatera
In partial fulfillment of the requirements for the degree of**

SARJANA

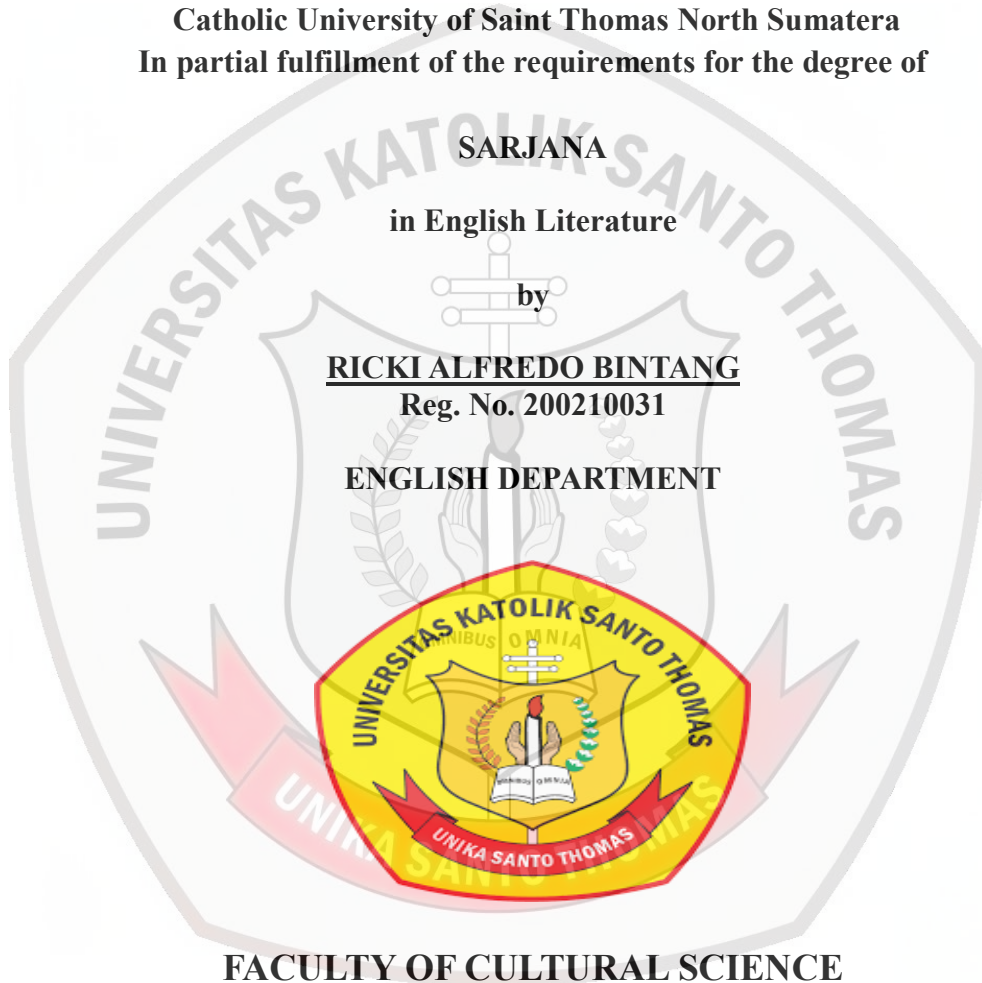
in English Literature

by

RICKI ALFREDO BINTANG

Reg. No. 200210031

ENGLISH DEPARTMENT



**FACULTY OF CULTURAL SCIENCE
CATHOLIC UNIVERSITY OF SAINT THOMAS
NORTH SUMATERA
MEDAN
2025**

THE PORTRAIT OF HUMAN ANXIETY IN LAM MCEWAN'S
ATTONEMENT



FACULTY OF CULTURAL SCIENCE
CATHOLIC UNIVERSITY OF SAINT THOMAS
NORTH SUMATERA
MEDAN
2025

This Thesis was examined by board of Examiners on March 14, 2025

[Signature]
Piara Bernadett, S.S., M.Hum
Chairman

UNIVERSITAS KATOLIK SANTO THOMAS

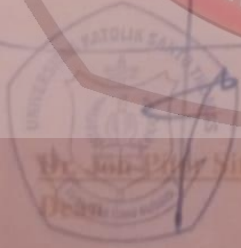
[Signature]
Rosa Maria Simanungkalit, S.S., M.Hum
Consultant I

[Signature]
Dr. Bertova Simanungkalit, S.S., M.Hum
Consultant II

Approved

UNIKA SANTO THOMAS

[Signature]
Dr. Joby Pury Situmorang, S.S., M.Hum
Dean



ACKNOWLEDGEMENTS

First of all, I would like to thank God Almighty for His blessings and grace so that I can complete this thesis to fulfill one of the requirements for obtaining a Bachelor's degree at the Faculty of Letters, Santo Thomas Catholic University of North Sumatra, Medan.

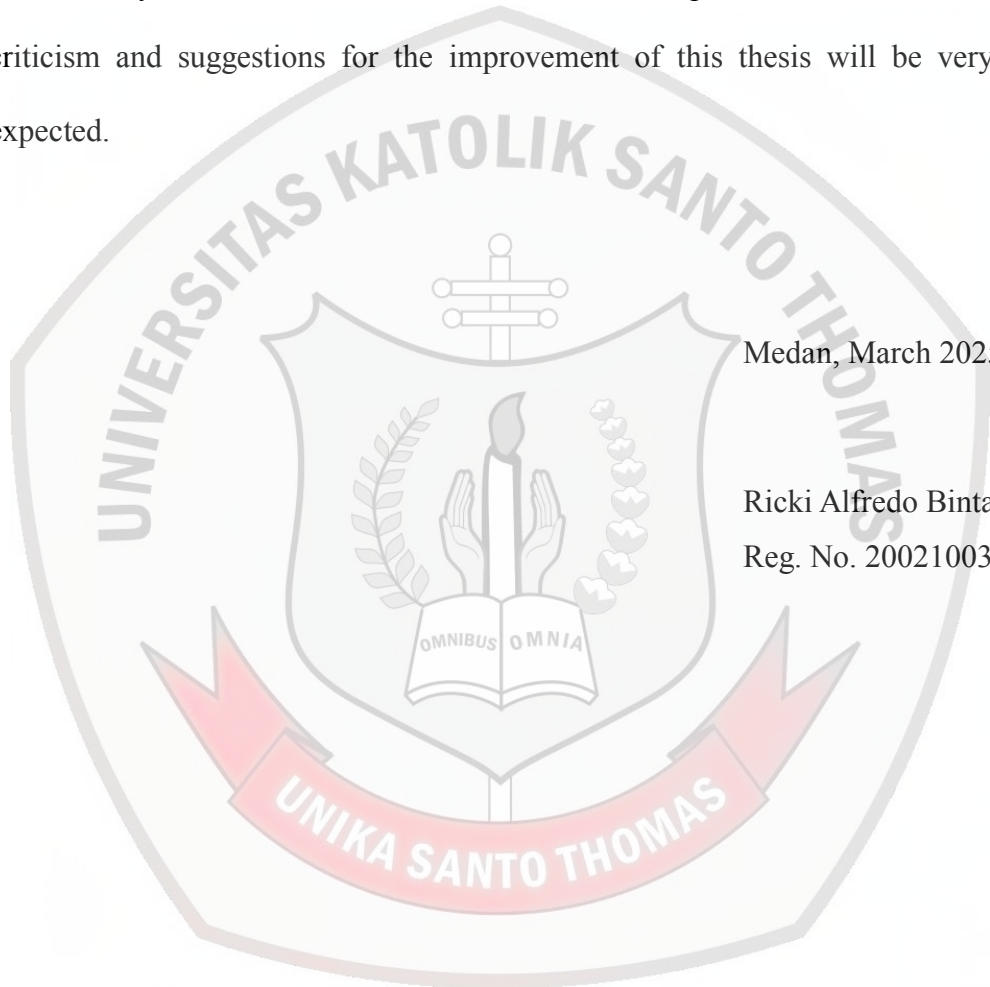
My deepest gratitude goes to my first supervisor, Mrs. Dra. Rosa Maria Simamora M.Hum, for her guidance, advice, patience, encouragement, and invaluable time so that I can complete this thesis. I would also like to thank Mrs. Bertova Simanihuruk, S.S., M.Si as my second supervisor for her invaluable guidance and time. I would also like to thank Pioro Benevolent S.S., M.Hum for his valuable suggestions when I submitted this thesis in the seminar.

My gratitude also goes to the Dean of the Faculty of Humanities, Dr. Jon Piter Situmorang SS, M.Hum, and all lecturers and staff of the Faculty of Cultural Science, especially English Literature, who have shared their knowledge with me during my studies.

My deepest gratitude and appreciation go to my family, especially to my beloved parents, Reriro Gaya Gant and Elly Sofyan Br. Sitompul, who have brought me into this world so that I can pursue my education.

My deepest gratitude goes to my beloved siblings, Debbi H. Bintang, Robbi M. Bintang, Feby N. Bintang, Revandi F. Bintang for their support and advice so that I can complete my study.

Finally, I realize that this thesis is still far from perfect, therefore constructive criticism and suggestions for the improvement of this thesis will be very much expected.



Medan, March 2025

Ricki Alfredo Bintang
Reg. No. 200210031

TABEL OF CONTENTS

ACKNOWLEDGEMENTS.....	iv
TABLE OF CONTENTS	ii
ABSTRACT	iii
CHAPTER I INTRODUCTION.....	1
1.1 The Background of Choosing the Topic.....	1
1.2 The Objective of the Study.....	9
1.3 The Scope of the Study	9
1.4 The Theoretical Approach.....	9
1.5 The Method of the Study.....	12
1.6 The Technique of Presentation.....	13
CHAPTER II HUMAN ANXIETY	14
2.1. Neurotic Anxiety	16
2.2. Moral Anxiety	17
CHAPTER III ANALYSIS.....	19
3.1 Neurotic Anxiety	20
3.2 Moral Anxiety	30
CHAPTER IV CONCLUSION	34
WORKS CITED	37

ABSTRACT

This study aims to discuss the phenomenon of anxiety in Ian McEwans *Atonement* (2001), with a special focus on two types of anxiety, namely neurotic anxiety and moral anxiety. The research method used is qualitative, which allows researchers to explore the characters and psychological dynamics faced by the characters in the novel. The research data sources consist of the text of the novel *Atonement* and various relevant journals to support the analysis. The theory used in this study is psychoanalysis developed by Sigmund Freud, which provides a framework for understanding the internal conflicts experienced. The data collection technique was carried out through in depth exploration of the novel and analysis of literature related to the theme of anxiety. Data analysis was carried out by identifying and interpreting elements that reflect neurotic anxiety and moral anxiety in the main character. The conclusion of this study shows that the portrait of human anxiety depicted in *Atonement* reflects the complexity of neurotic and moral anxiety. Through the psychological journey of the main character, this anxiety influences the actions and decisions main character makes. The neurotic anxiety of the main character that arises from main character statements and inability to understand reality interacts with moral anxiety related to the responsibility and consequences of main character actions. Thus, the main character becomes a strong representation of the human struggle in dealing with deep anxiety, as well as its impact on interpersonal relationships and the search for the meaning of life. This study is expected to provide deeper insight into how anxiety can shape individual identity and morality in the context of a broader narrative.

Keyword: *Anxiety, Neurotic anxiety and moral anxiety*

WORKS CITED

- Arikunto. (2006). Understanding the collection of the data sources.107.
- Berk, L. E. (2018). Development Through the Lifespan.
<https://neumannmarking.com/wp-content/uploads/2015/02/0205491251>.
- Boeree, C. G. (2006). Personality Theories. Pennsylvania: Psychology Department Shippensburg University.
- Corey, G. (1996). Theory and Practice of Counseling and Psychotherapy. Edition 5. Monterey, California: Brooks/Cole Publishing Company.
- Craske, Michelle G (2011) What is an anxiety disorder?.
<https://psychiatryonline.org/doi/pdf/10.1176/foc.9.3.foc369>.
- Cresswell, John. (2007). *Qualitative Inquiry and Research Design*. Sagepublications.
- Diana, Agmada Restu. (2024). Orang tua vs anak dalam pencapaian ekspektasi.
- Esaunggul. (2022). Pengertian anxiety dan kenali gejalanya.
<https://psikologi.esaunggul.ac.id/pengertian-anxiety-dan-kenali-gejalanya/>.
- Feist, J. (2008). Theories of Personality. LA: The McGraw-Hill Companies.
- Freud, S. (1914g). Remembering, repeating and working-through S.E., 12 (pp. 145-156.). London: Hogarth.
- Gill, Richard (2006). *Mastering English Literature*. Macmillan.
- Groes, Sebastian. (2008). Ian McEwan Contemporary Critical Prospective 2nd Edition. Kuper, Adam and Jessica Kuper (2000) Ensiklopedi Ilmu-Ilmu Sosial. Jakarta: PT. Raja Grafinda Persada.
- Guignery, Vanessa. (2018). Atonement: A Conversation with Ian McEwan vol.71.

Gunarso, Singih D. (2008). Psikologi Perawatan. Jakarta : BPK. Gunung Mulia.

Hawari, Dadang. (2013). Jakarta, Stress management mental disorder.

Ivy, Panda. (2020). Neurosis Kecemasan Freud - Psikologi.

<https://ivypananda.com/essays/freuds-anxiety-neurosis-psychology/>.

Kanisius. (2006). Teori kepribadian dan terapi psikomalitik freud. 87.

Malcolm, David. (2002). Understanding Ian McEwan.

https://books.google.co.id/books?hl=id&lr=&id=Z_ajzB18aj0C&oi=fnd&pg=PP19&dq=info:5GjbPDj0xs0J:scholar.google.com/.

Mark S. Micale. (2009). 6 - Jean-Martin Charcot and les névroses traumatiques: From Medicine to Culture in French Trauma Theory of the Late Nineteenth Century.

McEwan's, Ian. (2001). Penguin Random House UK. Atonement.

Mahroof, Md. Hossain. (2017). Global journal of human social science: G linguistics and education, 41-46.

Milner, Max. (1980). Freud et l'interprétation de la littérature.

Mubarok, Alfajri Kamaluddin. (2024). Individuation represented by the main character in Ian McEwan's atonement.

<http://etheses.uin-malang.ac.id/59698/1/19320121>.

Mustofa, Ali. (2002). FILSAFAT KESEHARIAN.

<https://repository.unugiri.ac.id:8443/id/eprint/2551/1/FILSAFATKESEHARIAN2.pdf#page=296>.

- Muyasaroh, H. (2020). Kajian Jenis Kecemasan Masyarakat Cilacap dalam menghadapi Pandemi Covid 19. In LP2M (Lembaga penelitian dan pengabdian masyarakat. <http://repository.unugha.ac.id/id/eprint/858>.
- Obaid, F Pozarro. (2012). The International Journal of Psychoanalysis Sigmund Freud and Otto Rank: Debates and Confrontations about anxiety and birth. <https://shorturl.at/ajIyi>.
- Rochman, Kholil Lur. (2010). Kesehatan Mental. Purwokerto: Fajar Media Press.
- Sadock, B Sadock V. (2015). Ruiz P. Synopsis of Psychiatry. 11th ed. Philadelphia: Lippincott Williams & Wilkins. p.512-521.
- Saragih, Evi. (2023). Analisis trauma dalam novel atonement karya sastra abad 21 dan korelasinya dengan peristiwa serangan 9/11. <https://e-journals.unmul.ac.id/index.php/CALLS/article/view/7242/0>.
- Schultz, D. P. And Schultz, S. E. (2009). Theories Of Personality. Florida: Wadsworth.
- Schultz D. (1986). Psychoanalytic approach: Sigmund Freud in Theories of Personality. 3rd ed. California: Brooks/Cole Publishing Company; p.45-50
- Setyananda, Tri rosa. (2021). Tingkat Kecemasan (State-Trait Anxiety) Masyarakat dalam Menghadapi Pandemi COVID-19 di Kota Semarang.
- Slameto. (1995). Belajar dan Faktor-Faktor yang Mempengaruhinya. Jakarta: Rineka Cipta.

Solomon, Carren G. (2015). *Generalized Anxiety Disorder*, 2059.

<https://11nq.com/MLbpd>.

Syawal, H., & Helaluddin, H. (2018). *Psikoanalisis Sigmund Freud Dan*

Implikasinya Dalam Pendidikan. UIN SULTAN MAULANA

HASANUDDIN

BANTEN: Fakultas Ekonomi Dan Bisnis Islam, 2.

Tyson, Lois. (2006). *Critical Theory today* (second edition) 11.

Yusuf, Muhammad. (2024). *Class dynamics and false consciousness in Ian*

McEwan's atonement. <http://scholar.unand.ac.id/474605/>.

